

MRC celebrated NHCW

Muskegon Recovery Center embraced the NHCW theme "The Roadmap to a Stronger America" by turning their entire waiting room into a map. They modified the onsite activity in the shape of a truck and invited patients to put their trucks on the road where they felt they were in their recovery journey.

Here are some messages shared by patients:

"Cherry Health has been the light at the end of the long dark tunnel. In almost 20 years, I've experienced the longest time sober with a huge push from Cherry Health. Thanks so much!"

"I have been given back control of my life with respect & resources to help me better become who I need & want to be."

"Helped me get sober and clean of opiates and other substances and helped me become a better mother for my kids and all around a better person for myself!"



"Cherry Health has helped me get my life back in order. After one year I ended up getting a good job and I am still climbing that ladder at work to better positions. I have a normal life now."

"Well I go to Cherry Health in Grand Rapids also, so you help me a whole lot. I really don't know what I'd be doing right now without you!"

"The girls here have never made me feel like I am different or not worthy of having a good life. I appreciate them so much for that."

Thanks for participating, MRC!

CAP celebrated NHCW

For individuals transitioning from closed custody correctional facilities, Cherry Health provides Person Centered Reentry Services to ease the transition back into the community.

Together, they work to address health issues (including behavioral health issues) and other reentry needs like employment, education, housing, and fostering connections to help justice system involved persons successfully reintegrate back into their respective communities.

CAP shared the onsite activity with residents, and we're glad they did. They shared some final versions and we got to learn about a program that has been helpful for residents, called 70 X 7.

Here are some messages shared by residents:

"Provided a stable and encouraging environment while I got back on my feet."

"Cherry Health has really inspired me to eat well portions."



"By implementing the 70 X 7 program so that we all must attend for two weeks. It has given me more positive support coming home. As well as other resources that I need and want."

"THEY'VE BEEN A BIG HELP."

"I have improved my physical health."

"70 x 7 program, which helped realization of open doors for future."

Thanks for participating, CAP!

How has Cherry Health helped you on your journey to better health?

By implementing the 70 x 7 program so that we all must attend for two weeks. It has given me more positive support coming home. As well as other resources that I need and want.

