

Parenting Specialty Services

substance use support for parents

Recovery is possible! We support clients at every stage as they work to achieve their individual goals and become more resilient in their recovery journeys as parents and community members. Learn more about your program options below.

TEAM-BASED SUPPORT FOR PARENTS IN RECOVERY

- Are you a parent taking care of one or more children over the age of 1?
- Do you struggle with substance use and mental health?
- Do you live in Kent County and have Medicaid or no insurance?

Family Engagement Therapy (FET) helps parents who are dealing with substance use problems. The FET team is made up of a therapist, a case manager, and a peer recovery coach. They work together using proven methods to help treat substance use disorders. The team provides many different services to support you at every step of your recovery, helping you reach your personal goals.

Services Provided:

- Intake assessments
- Treatment planning & care coordination
- Therapy services & case management
- Peer Recovery Coaching
- Crisis Management
- Resource Referrals
- Advocacy

PEER RECOVERY COACHING

Our recovery coaches offer unique support by sharing their own stories and walking alongside you through your recovery journey. Recovery coaches assist in navigating your recovery journey by identifying appropriate community supports and resources.

Common focus areas and practices recovery coaches will use to support you include:

- Connecting you to recovery resources and identifying existing supports
- Attending meetings with you
- Assisting in developing a personal plan for recovery
- Support in setting life goals
- Encouraging you to recognize and become self-aware of positive recovery results