



Community Recovery Programs

Support for your recovery journey

Our Community Recovery Programs provide ongoing support for individuals working through substance use challenges.

WHAT WE OFFER

We're here to help you build a healthier, more stable future through weekly engagement in the following services:

- One-on-one therapy sessions
- Group therapy sessions
- Peer recovery coaching from people with lived experience
- Help connecting to community resources (housing, employment, healthcare, and more)

We also offer specialized support for parents navigating substance use, helping you strengthen both your recovery and your family relationships.

Our goal is to help you stay on track, avoid relapse, and improve your overall well-being.

WHO CAN JOIN?

You may be eligible to join if you:

- Are 18 years or older
- Have a substance use disorder
- Are currently using substances or at risk of relapse
- Have participated in substance use treatment before

We also support individuals with both substance use and mental health needs. If mental health concerns require a higher level of care, we'll help connect you to the right services.

We accept most insurance plans, including Medicaid, and do not require prior authorization from CMH.

Flip over
to learn
more



WHAT WE EXPECT

We ask that you:

- Actively engage in therapy, recovery coaching, and support services
- Work toward reducing or stopping substance use at your own pace
- Follow your personalized care plan

HOW WE SUPPORT YOU

Our services are designed to give you the tools, support, and confidence to move forward in your recovery:

- **Individual Therapy:** One-on-one time with a clinician to talk through challenges, unpack trauma, set goals, and build skills for lasting change.
- **Group Therapy:** A supportive space to connect with others, share experiences, and learn you're not alone in your journey.
- **Peer Recovery Coaching:** Support from someone with lived experience who walks alongside you—offering encouragement, accountability, and helping you connect to community supports, including recovery meetings.
- **Case Management & Resource Navigation:** Help accessing important services like housing, employment, healthcare, and other community supports.

We focus on building hope, strengthening resilience, and empowering you to create a life that feels meaningful and stable.

GETTING STARTED IS EASY

- We will respond to referrals within 24 hours
- You will meet with a licensed clinician within 48 hours
- Together, you'll talk about your needs and create a plan that works for you



Call to schedule: 616.965.8379



Or email CommunitySUDreferrals@cherryhealth.com



cherryhealth.org/services/behavioral-health

Scan the QR code to refer

